1  
00:00:01,520 --> 00:00:02,520  
好，各位同学们  
  
2  
00:00:02,560 --> 00:00:04,120  
咱们接着聊啊  
  
3  
00:00:04,160 --> 00:00:08,200  
刚才说了咳嗽上气的一部分啊  
  
4  
00:00:08,280 --> 00:00:11,530  
讲了个叶感麻黄汤啊，以及他的方论  
  
5  
00:00:12,410 --> 00:00:13,170  
呃，这堂课呢  
  
6  
00:00:13,170 --> 00:00:16,170  
咱们交代两张方，一个后破麻黄汤  
  
7  
00:00:16,250 --> 00:00:17,170  
一个是泽气汤  
  
8  
00:00:18,080 --> 00:00:21,160  
这两张方的条文极其简单啊  
  
9  
00:00:22,430 --> 00:00:22,630  
呃  
  
10  
00:00:22,630 --> 00:00:24,830  
而且是你能看出来是上下文  
  
11  
00:00:25,540 --> 00:00:27,540  
上文说，咳而脉浮者  
  
12  
00:00:27,620 --> 00:00:28,820  
后泡麻黄汤主之  
  
13  
00:00:29,340 --> 00:00:31,780  
下文曰，什么脉沉者  
  
14  
00:00:32,740 --> 00:00:34,260  
泽气汤主之完事了  
  
15  
00:00:35,630 --> 00:00:36,830  
因此从这个角度呢  
  
16  
00:00:37,030 --> 00:00:38,550  
我们非常直观的看啊  
  
17  
00:00:39,710 --> 00:00:41,670  
就会有这种错觉  
  
18  
00:00:43,190 --> 00:00:46,630  
貌似你看了这个方  
  
19  
00:00:47,710 --> 00:00:52,640  
这两条你就一下，有一个什么感觉呢  
  
20  
00:00:52,640 --> 00:00:54,120  
好像咳嗽咱们都会治了  
  
21  
00:00:55,200 --> 00:00:56,480  
因为咳嗽无非两种  
  
22  
00:00:56,480 --> 00:00:56,760  
脉  
  
23  
00:00:58,060 --> 00:00:59,020  
浮脉和产脉  
  
24  
00:00:59,460 --> 00:01:00,820  
这是我刚学经方的时候  
  
25  
00:01:00,820 --> 00:01:01,660  
我是这么想的  
  
26  
00:01:02,220 --> 00:01:05,420  
而且很多时候用呢也好使，非常好使啊  
  
27  
00:01:05,420 --> 00:01:06,420  
为什么这么说  
  
28  
00:01:08,890 --> 00:01:10,610  
那你实践出真知嘛，对吧  
  
29  
00:01:10,610 --> 00:01:13,450  
那那那个时候话说那得10年前啊  
  
30  
00:01:13,490 --> 00:01:16,610  
我也那时候不不懂这个六经七化的东西  
  
31  
00:01:16,610 --> 00:01:18,820  
很多这个运气的东西也不通  
  
32  
00:01:19,380 --> 00:01:23,460  
呃，就是仅仅从方正对应的角度来用  
  
33  
00:01:23,820 --> 00:01:26,700  
那有很多时候就是浮脉后昏麻黄啊，对吧  
  
34  
00:01:26,700 --> 00:01:28,740  
咳嗽沉脉就是作息就好用啊  
  
35  
00:01:29,400 --> 00:01:30,200  
但是后来呢  
  
36  
00:01:30,760 --> 00:01:33,760  
渐渐的用多了，有很多临床上一些体会  
  
37  
00:01:34,220 --> 00:01:34,420  
呃  
  
38  
00:01:34,460 --> 00:01:36,660  
慢慢的再看这个东西  
  
39  
00:01:36,980 --> 00:01:38,140  
它也不是那么简单  
  
40  
00:01:38,620 --> 00:01:42,060  
这个东西的浮也不是简单的外感的浮沉呢  
  
41  
00:01:42,750 --> 00:01:43,910  
当然他是理政啊  
  
42  
00:01:43,910 --> 00:01:47,510  
但也不是简单说气血虚弱或者寒化的辰啊  
  
43  
00:01:47,990 --> 00:01:49,670  
那我们还得从头娓娓道来  
  
44  
00:01:50,710 --> 00:01:52,230  
呃，厚朴麻黄汤  
  
45  
00:01:53,980 --> 00:01:54,740  
这么方啊  
  
46  
00:01:55,620 --> 00:01:59,220  
那么他的脉象是脉浮  
  
47  
00:02:00,210 --> 00:02:01,890  
那么它的病病机是什么呢  
  
48  
00:02:02,450 --> 00:02:03,970  
刚刚我讲过一个问题啊  
  
49  
00:02:04,050 --> 00:02:06,410  
那么他这张方在这一篇目里  
  
50  
00:02:06,850 --> 00:02:08,009  
你就要知道一个问题  
  
51  
00:02:08,370 --> 00:02:13,570  
他其实都已经到了三焦这个层面  
  
52  
00:02:14,330 --> 00:02:17,170  
到三焦层面之后，它就一定会有一个什么东西呢  
  
53  
00:02:17,530 --> 00:02:18,170  
有水  
  
54  
00:02:18,960 --> 00:02:20,160  
那么这个时候的脉浮  
  
55  
00:02:20,320 --> 00:02:22,920  
就不是简单一个表症或者内热的脉浮  
  
56  
00:02:23,700 --> 00:02:28,380  
而它其中有一个非常主要的因素之一  
  
57  
00:02:29,030 --> 00:02:30,990  
就是在外邪鼓动之下  
  
58  
00:02:31,550 --> 00:02:33,350  
那么下焦的水逆怎么样啊  
  
59  
00:02:34,190 --> 00:02:34,750  
水气啊  
  
60  
00:02:35,150 --> 00:02:36,770  
上逆了啊  
  
61  
00:02:36,770 --> 00:02:38,330  
它会存在这么一个问题  
  
62  
00:02:38,950 --> 00:02:41,190  
在这个外邪的鼓动之下  
  
63  
00:02:41,910 --> 00:02:43,870  
下焦的水气上逆了  
  
64  
00:02:44,230 --> 00:02:45,550  
因此这一个方中  
  
65  
00:02:46,330 --> 00:02:49,330  
它依然跟叶干麻黄汤一致  
  
66  
00:02:49,970 --> 00:02:52,530  
是小青龙汤的一个变局啊  
  
67  
00:02:52,930 --> 00:02:56,890  
所以在整个这一个咳嗽上气偏执中  
  
68  
00:02:56,890 --> 00:02:57,930  
你仔细的看啊  
  
69  
00:02:58,430 --> 00:03:02,110  
有数张方都是从小青龙汤化裁而来  
  
70  
00:03:02,110 --> 00:03:03,310  
这个是很有意思的啊  
  
71  
00:03:03,880 --> 00:03:08,000  
那么它的变局方法跟叶干麻黄汤如出一辙  
  
72  
00:03:09,210 --> 00:03:10,370  
那么说明一件事  
  
73  
00:03:10,650 --> 00:03:12,290  
无论夜干麻黄汤也好  
  
74  
00:03:12,690 --> 00:03:14,410  
还是后泡麻黄汤也罢  
  
75  
00:03:14,410 --> 00:03:15,490  
虽然是两张方  
  
76  
00:03:15,650 --> 00:03:17,770  
一个是呃喉中水鸡声  
  
77  
00:03:18,170 --> 00:03:18,970  
一个是麦浮  
  
78  
00:03:19,310 --> 00:03:21,390  
但是它其中都有一个一致的性  
  
79  
00:03:21,790 --> 00:03:23,390  
一致一致的东西啊  
  
80  
00:03:23,590 --> 00:03:26,870  
就是都把解营卫的桂枝汤部分怎么办  
  
81  
00:03:27,110 --> 00:03:27,710  
砍掉了  
  
82  
00:03:28,150 --> 00:03:33,830  
说明这个跟就是我们正常说的外感表邪两回事啊  
  
83  
00:03:33,830 --> 00:03:34,510  
它是两回事  
  
84  
00:03:34,910 --> 00:03:38,470  
前者是邪气逆于肺落  
  
85  
00:03:39,150 --> 00:03:42,550  
后者呢邪气鼓动下焦之水上射于肺  
  
86  
00:03:43,770 --> 00:03:45,170  
当然在表邪的时候  
  
87  
00:03:45,170 --> 00:03:47,530  
你要说我硬用它去治表邪  
  
88  
00:03:47,650 --> 00:03:48,730  
能不能绝对能啊  
  
89  
00:03:48,730 --> 00:03:51,790  
那里头又是麻黄，又是厚又是石膏的  
  
90  
00:03:51,830 --> 00:03:53,030  
那怎么能治不了呢  
  
91  
00:03:53,030 --> 00:03:53,470  
绝对能  
  
92  
00:03:53,750 --> 00:03:56,270  
但是有可能你的这个初衷啊  
  
93  
00:03:56,350 --> 00:03:57,070  
他就有偏  
  
94  
00:03:58,070 --> 00:03:59,830  
所以这个时候是要去掉桂枝汤的  
  
95  
00:04:00,590 --> 00:04:01,510  
呃，之后呢  
  
96  
00:04:02,230 --> 00:04:03,590  
大家还记不记得一个事啊  
  
97  
00:04:03,950 --> 00:04:05,150  
我当时说过一个问题  
  
98  
00:04:05,960 --> 00:04:08,440  
此皆拒于位观于废  
  
99  
00:04:09,250 --> 00:04:11,650  
当时我们讲那个可论的时候说过这个问题吧  
  
100  
00:04:11,650 --> 00:04:13,890  
传三焦之后你就记住这个问题  
  
101  
00:04:14,010 --> 00:04:15,610  
聚于胃，关于肺  
  
102  
00:04:16,300 --> 00:04:17,459  
因此什么叫聚于胃  
  
103  
00:04:17,459 --> 00:04:18,019  
关于肺啊  
  
104  
00:04:18,260 --> 00:04:19,220  
那么三焦水邪  
  
105  
00:04:20,300 --> 00:04:24,110  
呃，那么容易聚于我们说居于中焦是吧  
  
106  
00:04:24,390 --> 00:04:25,350  
居于中焦之后呢  
  
107  
00:04:25,710 --> 00:04:28,230  
那么那么就会关乎于肺，为啥  
  
108  
00:04:28,390 --> 00:04:29,510  
这个道理非常简单  
  
109  
00:04:29,510 --> 00:04:30,950  
我不是说，呃  
  
110  
00:04:31,110 --> 00:04:32,110  
中医有解剖吗  
  
111  
00:04:33,110 --> 00:04:35,270  
肺手太阴之脉起于哪啊  
  
112  
00:04:35,270 --> 00:04:37,870  
它不是起于肺，起于中焦  
  
113  
00:04:39,260 --> 00:04:40,020  
下络大肠  
  
114  
00:04:40,740 --> 00:04:43,620  
那么为啥要起于中焦土生津液啊  
  
115  
00:04:44,580 --> 00:04:47,070  
那么中土能生肺金啊  
  
116  
00:04:47,070 --> 00:04:48,150  
所以他是体育中教  
  
117  
00:04:48,430 --> 00:04:51,030  
呃，但是其实你这我也有点强说啊  
  
118  
00:04:51,430 --> 00:04:54,590  
12经只有肺，他是这个特权啊  
  
119  
00:04:55,030 --> 00:04:56,470  
是是是是，他从这儿走  
  
120  
00:04:58,030 --> 00:04:58,510  
嗯  
  
121  
00:05:00,480 --> 00:05:00,880  
那么  
  
122  
00:05:03,800 --> 00:05:04,560  
这一点啊  
  
123  
00:05:04,680 --> 00:05:07,320  
那么所以说它里头用后破，用后破干啥呢  
  
124  
00:05:08,040 --> 00:05:09,280  
一定要降胃气  
  
125  
00:05:10,020 --> 00:05:11,380  
这是非常重要的一点啊  
  
126  
00:05:11,380 --> 00:05:13,860  
用后破机降胃气，与此同时呢  
  
127  
00:05:14,700 --> 00:05:14,980  
呃  
  
128  
00:05:16,220 --> 00:05:17,260  
你一定要注意一个事  
  
129  
00:05:17,260 --> 00:05:18,500  
这里头用了一个药啊  
  
130  
00:05:18,660 --> 00:05:20,100  
在金匮之中用处不多  
  
131  
00:05:20,100 --> 00:05:21,300  
我们后后头还用啊  
  
132  
00:05:21,300 --> 00:05:23,940  
后头那个治脏燥甘麦大枣汤  
  
133  
00:05:24,350 --> 00:05:25,630  
他用小麦，对吧  
  
134  
00:05:26,070 --> 00:05:27,990  
哎，那么这里头有这个小麦  
  
135  
00:05:29,740 --> 00:05:33,180  
咱们今天用那个空壳那种浮小麦啊  
  
136  
00:05:33,940 --> 00:05:36,180  
临床上就是更为倒地  
  
137  
00:05:37,060 --> 00:05:38,140  
那么用小麦干什么  
  
138  
00:05:38,140 --> 00:05:40,660  
小麦本身就是能补心气嘛  
  
139  
00:05:40,780 --> 00:05:41,660  
这个咱们都知道  
  
140  
00:05:41,820 --> 00:05:43,020  
以前也提过  
  
141  
00:05:43,460 --> 00:05:44,340  
所以用小麦呢  
  
142  
00:05:44,340 --> 00:05:44,700  
干什么  
  
143  
00:05:44,700 --> 00:05:45,380  
降心气  
  
144  
00:05:46,010 --> 00:05:48,330  
呃，直观的说是啥意思啊  
  
145  
00:05:49,460 --> 00:05:50,420  
我们比如说用麻黄  
  
146  
00:05:50,900 --> 00:05:52,340  
用完之后这人容易心慌  
  
147  
00:05:53,620 --> 00:05:56,340  
容易睡不着，容易精神是吧  
  
148  
00:05:56,940 --> 00:06:00,460  
那你怎么能够缓解麻黄的给人的兴奋呢  
  
149  
00:06:01,300 --> 00:06:02,140  
无非俩办法  
  
150  
00:06:02,580 --> 00:06:05,800  
第一就是酒煎，麻黄要先煎  
  
151  
00:06:06,200 --> 00:06:07,040  
先煎去沫  
  
152  
00:06:07,510 --> 00:06:09,590  
那你咱打比方，你量要大  
  
153  
00:06:09,590 --> 00:06:11,070  
比如说30克起的麻黄  
  
154  
00:06:11,070 --> 00:06:12,630  
你酒煎之后是有沫儿的啊  
  
155  
00:06:12,870 --> 00:06:13,870  
那么这个沫要去掉  
  
156  
00:06:14,470 --> 00:06:16,510  
呃，咱们讲叫麻黄碱嘛  
  
157  
00:06:16,510 --> 00:06:20,100  
用现在的那个那个在现代医学的角度啊  
  
158  
00:06:20,460 --> 00:06:21,700  
药理学的角度，麻黄碱  
  
159  
00:06:22,940 --> 00:06:27,340  
那么这个呃，第一种方法就是酒煎或者叫先煎  
  
160  
00:06:27,420 --> 00:06:28,660  
古人都是以水9L  
  
161  
00:06:29,400 --> 00:06:31,440  
先煮取麻黄减2L是吧  
  
162  
00:06:31,760 --> 00:06:33,120  
煎到7L都是这样  
  
163  
00:06:33,200 --> 00:06:34,160  
然后再拿出标  
  
164  
00:06:35,140 --> 00:06:35,340  
呃  
  
165  
00:06:35,420 --> 00:06:36,540  
那么第二种方法呢  
  
166  
00:06:36,540 --> 00:06:37,500  
就是加浮小麦  
  
167  
00:06:40,180 --> 00:06:40,460  
嗯  
  
168  
00:06:41,480 --> 00:06:43,160  
我个人啊，我的技巧  
  
169  
00:06:44,360 --> 00:06:46,360  
什么时候我加浮小麦就是看左寸  
  
170  
00:06:47,590 --> 00:06:50,310  
如果左寸不足，没有那种景象  
  
171  
00:06:51,620 --> 00:06:53,100  
那你左侧虚肯定会不行  
  
172  
00:06:53,100 --> 00:06:54,740  
左侧虚你就得去麻黄了是吧  
  
173  
00:06:55,220 --> 00:06:58,480  
那我们讲左寸脉平，没有那种景象啊  
  
174  
00:06:59,160 --> 00:07:01,400  
但是你还不得不用麻黄的时候怎么办  
  
175  
00:07:01,680 --> 00:07:03,360  
加附小麦，这是我的体会啊  
  
176  
00:07:03,800 --> 00:07:05,410  
那么所以说，呃  
  
177  
00:07:05,690 --> 00:07:06,690  
我们也讲一个道理  
  
178  
00:07:06,690 --> 00:07:07,970  
从内经的角度看啊  
  
179  
00:07:09,070 --> 00:07:10,710  
无关对错，不是谁对谁错  
  
180  
00:07:10,950 --> 00:07:12,510  
只是从不同角度看一个问题  
  
181  
00:07:12,830 --> 00:07:15,590  
那你从内经的角度来说，虚则补其母  
  
182  
00:07:16,570 --> 00:07:18,890  
那么未土之母是谁啊  
  
183  
00:07:20,300 --> 00:07:22,220  
是辛火能生土吧  
  
184  
00:07:22,780 --> 00:07:22,980  
哎  
  
185  
00:07:22,980 --> 00:07:24,220  
所以从这个角度上来说  
  
186  
00:07:24,860 --> 00:07:26,780  
把那个小麦加进去啊  
  
187  
00:07:27,780 --> 00:07:28,780  
食火生土  
  
188  
00:07:29,930 --> 00:07:30,650  
干这个事  
  
189  
00:07:30,970 --> 00:07:32,690  
那就是一个降胃气，一个降心气  
  
190  
00:07:32,690 --> 00:07:36,010  
但他俩的靶点最终是集中到一个点，是胃气  
  
191  
00:07:36,360 --> 00:07:36,680  
为啥  
  
192  
00:07:36,680 --> 00:07:37,120  
是胃气  
  
193  
00:07:37,400 --> 00:07:39,600  
因为此界观乎啊  
  
194  
00:07:39,640 --> 00:07:40,520  
聚聚于胃  
  
195  
00:07:41,080 --> 00:07:42,200  
关于肺，对吧  
  
196  
00:07:42,620 --> 00:07:42,820  
哎  
  
197  
00:07:42,860 --> 00:07:45,220  
就因为这个这个问题，价位起  
  
198  
00:07:46,260 --> 00:07:47,060  
额，那么  
  
199  
00:07:48,560 --> 00:07:51,040  
我们说阳则上，阴则下啊  
  
200  
00:07:51,700 --> 00:07:52,780  
有阳淤在内  
  
201  
00:07:52,900 --> 00:07:53,980  
那么有外邪  
  
202  
00:07:54,300 --> 00:07:57,780  
郁于内则化，阳阳化则能鼓动水引向上  
  
203  
00:07:58,310 --> 00:08:00,950  
所以你得把这个鼓动水引向上的  
  
204  
00:08:00,950 --> 00:08:02,990  
这个阳热得把它卸掉吧  
  
205  
00:08:03,630 --> 00:08:04,910  
所以这里头又有谁呢  
  
206  
00:08:05,310 --> 00:08:07,880  
有麻黄，有石膏啊  
  
207  
00:08:07,880 --> 00:08:10,360  
有麻黄有石膏，那么还要加杏仁  
  
208  
00:08:10,840 --> 00:08:12,760  
这个是泻肺里的热的  
  
209  
00:08:17,700 --> 00:08:18,300  
它的作用  
  
210  
00:08:19,700 --> 00:08:20,860  
呃，与此同时呢  
  
211  
00:08:22,100 --> 00:08:24,100  
咱们说这个半夏  
  
212  
00:08:25,120 --> 00:08:25,480  
细辛  
  
213  
00:08:26,480 --> 00:08:27,200  
五味子，干姜  
  
214  
00:08:27,240 --> 00:08:30,880  
这是一个咱们在伤寒论中的小青龙的组合  
  
215  
00:08:31,360 --> 00:08:33,000  
在这原封不动的保留  
  
216  
00:08:33,580 --> 00:08:33,780  
呃  
  
217  
00:08:33,940 --> 00:08:35,980  
这个我们就不用过多的赘述了  
  
218  
00:08:35,980 --> 00:08:37,460  
在讲伤寒的时候，我们说的很细  
  
219  
00:08:37,700 --> 00:08:38,020  
对吧  
  
220  
00:08:38,020 --> 00:08:40,140  
半夏干姜维子细心，呃  
  
221  
00:08:40,510 --> 00:08:43,270  
用的很多所谓细辛半夏呢  
  
222  
00:08:43,270 --> 00:08:46,710  
无非还是说发散寒气啊  
  
223  
00:08:47,380 --> 00:08:48,460  
心者，心也嘛  
  
224  
00:08:48,460 --> 00:08:49,140  
我们说细心  
  
225  
00:08:50,020 --> 00:08:50,940  
细心是什么呀  
  
226  
00:08:51,900 --> 00:08:53,460  
小的这个辛味的药  
  
227  
00:08:53,900 --> 00:08:55,460  
在整个伤寒金匮之中  
  
228  
00:08:55,460 --> 00:08:57,780  
我们说辛辛温之药啊  
  
229  
00:08:58,100 --> 00:09:00,740  
你看它长得个头最小的就是细心  
  
230  
00:09:01,300 --> 00:09:03,100  
那么细，它能有细的用处  
  
231  
00:09:03,990 --> 00:09:05,310  
粗有粗的用处啊  
  
232  
00:09:05,710 --> 00:09:08,430  
你看那个乌头前头有一个尖  
  
233  
00:09:08,470 --> 00:09:09,590  
我们说有WHI对吧  
  
234  
00:09:09,950 --> 00:09:12,790  
所以它能破这个寒食积聚附子呢  
  
235  
00:09:13,310 --> 00:09:14,950  
它腐于乌头之下  
  
236  
00:09:15,230 --> 00:09:16,390  
有储藏之作用  
  
237  
00:09:16,960 --> 00:09:17,560  
干姜呢  
  
238  
00:09:17,600 --> 00:09:18,200  
守而不走  
  
239  
00:09:18,280 --> 00:09:20,280  
那么每一种药都有各自的特性  
  
240  
00:09:20,680 --> 00:09:21,480  
细心行细  
  
241  
00:09:21,560 --> 00:09:22,480  
它善于干什么  
  
242  
00:09:22,680 --> 00:09:25,280  
我们说很多别的药走不进去的地方  
  
243  
00:09:25,920 --> 00:09:28,520  
很多细微的地方，细心就能进去  
  
244  
00:09:28,800 --> 00:09:30,640  
他能干这个事，儿半夏呢  
  
245  
00:09:30,640 --> 00:09:33,060  
他本身又能散结散寒啊  
  
246  
00:09:33,060 --> 00:09:35,500  
这息阴半夏心肝发散的意思  
  
247  
00:09:37,260 --> 00:09:39,500  
五味子和干姜啊  
  
248  
00:09:39,580 --> 00:09:42,300  
那么这两味药拿它干什么啊  
  
249  
00:09:42,300 --> 00:09:43,140  
五味子干姜  
  
250  
00:09:45,010 --> 00:09:45,210  
呃  
  
251  
00:09:45,890 --> 00:09:48,200  
我们说肾主纳气  
  
252  
00:09:48,200 --> 00:09:49,280  
肺主出气啊  
  
253  
00:09:49,720 --> 00:09:51,080  
那么肾气不能纳  
  
254  
00:09:51,640 --> 00:09:52,760  
则五味子敛之  
  
255  
00:09:53,770 --> 00:09:54,970  
肺气寒不能出  
  
256  
00:09:55,010 --> 00:09:57,700  
我们上次不讲肺痿，肺痿之症嘛  
  
257  
00:09:57,700 --> 00:09:57,980  
对吧  
  
258  
00:09:58,260 --> 00:10:00,460  
那么虫王津液，那么肺中虚冷啊  
  
259  
00:10:00,460 --> 00:10:00,980  
肺中冷  
  
260  
00:10:01,380 --> 00:10:04,180  
那么用干姜以温肺，则肺能出气  
  
261  
00:10:04,500 --> 00:10:08,930  
尾子，干姜是一个非常非常常用的一个组合啊  
  
262  
00:10:08,970 --> 00:10:10,090  
这个呃  
  
263  
00:10:10,290 --> 00:10:11,850  
咱们临证上用的特别多  
  
264  
00:10:12,170 --> 00:10:13,210  
你会发现一个问题  
  
265  
00:10:13,250 --> 00:10:14,690  
仲景先是治咳嗽啊  
  
266  
00:10:15,010 --> 00:10:16,250  
那么它有的时候呢  
  
267  
00:10:17,010 --> 00:10:17,290  
呃  
  
268  
00:10:18,950 --> 00:10:21,870  
抬手啊，这个这个这个一抬手啊  
  
269  
00:10:22,550 --> 00:10:22,750  
呃  
  
270  
00:10:22,870 --> 00:10:24,670  
他不一定用厚朴杏仁  
  
271  
00:10:25,520 --> 00:10:28,970  
厚朴杏仁儿一抬手都是治什么治喘啊  
  
272  
00:10:29,450 --> 00:10:30,650  
那么治咳嗽用啥呢  
  
273  
00:10:30,650 --> 00:10:31,770  
就是微子干姜啊  
  
274  
00:10:31,850 --> 00:10:33,050  
这两味药，呃  
  
275  
00:10:33,090 --> 00:10:34,490  
是它一个常用的组合  
  
276  
00:10:35,060 --> 00:10:36,460  
原理就在于内经啊  
  
277  
00:10:36,500 --> 00:10:37,780  
肺主出气，肾主纳气  
  
278  
00:10:38,300 --> 00:10:38,980  
就在这儿  
  
279  
00:10:40,550 --> 00:10:42,190  
那么这个方就合成了  
  
280  
00:10:43,310 --> 00:10:43,510  
额  
  
281  
00:10:43,750 --> 00:10:44,750  
这整张方呢  
  
282  
00:10:44,750 --> 00:10:47,740  
临床上拿他的治疗啊  
  
283  
00:10:47,820 --> 00:10:48,900  
那么用处也很多  
  
284  
00:10:49,180 --> 00:10:51,180  
那你看到患者呢  
  
285  
00:10:51,220 --> 00:10:52,940  
不是这种外感风寒啊  
  
286  
00:10:53,420 --> 00:10:56,740  
而是这个邪气引动了三焦之水  
  
287  
00:10:57,370 --> 00:10:58,650  
那么上摄于肺气  
  
288  
00:10:59,330 --> 00:10:59,530  
呃  
  
289  
00:10:59,690 --> 00:11:03,800  
它一定是一个这个这个浮而有力之象啊  
  
290  
00:11:03,920 --> 00:11:05,160  
那么这种这种脉象  
  
291  
00:11:05,640 --> 00:11:07,800  
那么就说明是厚朴麻黄汤  
  
292  
00:11:08,260 --> 00:11:08,940  
其实你呢  
  
293  
00:11:09,300 --> 00:11:13,500  
总体的来看，我们之前说过这个风重于伪  
  
294  
00:11:14,060 --> 00:11:15,100  
咱们说说这个问题吧  
  
295  
00:11:15,420 --> 00:11:16,540  
所谓风重于伪  
  
296  
00:11:16,580 --> 00:11:17,260  
热过于盈  
  
297  
00:11:17,620 --> 00:11:19,100  
那么风重于伪之政  
  
298  
00:11:19,640 --> 00:11:19,840  
呃  
  
299  
00:11:19,960 --> 00:11:21,920  
那么跟这后半麻黄也比较相关  
  
300  
00:11:22,000 --> 00:11:22,960  
因此后世呢  
  
301  
00:11:22,960 --> 00:11:25,830  
有很多人，他也提这么一个问题  
  
302  
00:11:26,110 --> 00:11:27,390  
认为风重于尾  
  
303  
00:11:27,750 --> 00:11:30,470  
讲的是后泡麻黄，而热过于营  
  
304  
00:11:30,950 --> 00:11:31,990  
讲的是泽其汤  
  
305  
00:11:33,250 --> 00:11:34,170  
有没有道理呢  
  
306  
00:11:34,170 --> 00:11:35,370  
我认为有道理啊  
  
307  
00:11:35,370 --> 00:11:36,290  
我认为有道理  
  
308  
00:11:36,650 --> 00:11:36,850  
呃  
  
309  
00:11:36,930 --> 00:11:39,970  
那么从阴纬和阴阳的角度去划分  
  
310  
00:11:40,330 --> 00:11:44,130  
那么咱们就接着看看这个后头的泽漆汤的这个概念  
  
311  
00:11:44,970 --> 00:11:45,450  
嗯  
  
312  
00:11:46,410 --> 00:11:48,810  
慈禧堂，我要说的就相对来说比较多一些啊  
  
313  
00:11:48,810 --> 00:11:51,010  
它的信息量相对来说比较大  
  
314  
00:11:52,010 --> 00:11:52,490  
那么  
  
315  
00:11:55,200 --> 00:11:55,960  
泽七啊  
  
316  
00:11:56,760 --> 00:11:58,520  
他首先讲一个脉沉  
  
317  
00:11:59,120 --> 00:12:02,960  
那么这个病病机啊，咱们说是咋回事  
  
318  
00:12:03,910 --> 00:12:06,030  
呃，首先麦陈必须要主礼  
  
319  
00:12:07,190 --> 00:12:08,550  
这个是没不变的啊  
  
320  
00:12:08,930 --> 00:12:09,850  
呃，病位在理  
  
321  
00:12:10,170 --> 00:12:11,770  
那么啥样的病病位在理呢  
  
322  
00:12:11,770 --> 00:12:13,130  
那这个就很多对吧  
  
323  
00:12:13,530 --> 00:12:16,250  
那么在今天跟临床上比较息息相关的  
  
324  
00:12:16,850 --> 00:12:17,130  
呃  
  
325  
00:12:17,690 --> 00:12:18,330  
打一个比方  
  
326  
00:12:19,490 --> 00:12:20,250  
打个比方啊  
  
327  
00:12:20,930 --> 00:12:24,380  
我们说小孩咳嗽，大家知道吧  
  
328  
00:12:24,980 --> 00:12:27,100  
那么有很多那个小儿的内伤病  
  
329  
00:12:27,780 --> 00:12:27,980  
呃  
  
330  
00:12:28,500 --> 00:12:30,540  
咱们在临床上很多医生治起来啊  
  
331  
00:12:31,380 --> 00:12:33,460  
就有两种病吧  
  
332  
00:12:33,900 --> 00:12:36,700  
咱们都觉得他需要转换一下治疗思路  
  
333  
00:12:37,330 --> 00:12:39,370  
中医其实分不分科呢  
  
334  
00:12:40,050 --> 00:12:43,450  
有很多人一聊天就说说中医不分科  
  
335  
00:12:43,850 --> 00:12:45,450  
我认为你说的言之过早  
  
336  
00:12:46,580 --> 00:12:47,220  
你说不分  
  
337  
00:12:47,380 --> 00:12:51,620  
其实有可能是因为不懂中医分科为啥分科  
  
338  
00:12:51,860 --> 00:12:53,580  
因为人的生理病理释然  
  
339  
00:12:54,690 --> 00:12:56,410  
因为人的生理病理使然，对吧  
  
340  
00:12:56,610 --> 00:12:58,170  
你不能不尊重这个规律  
  
341  
00:12:58,750 --> 00:13:00,110  
那么中医我们过去讲  
  
342  
00:13:00,110 --> 00:13:01,510  
它可以分成广义的  
  
343  
00:13:01,510 --> 00:13:02,510  
可以分13科  
  
344  
00:13:03,160 --> 00:13:04,760  
但是我们今天不用分那么细  
  
345  
00:13:05,360 --> 00:13:07,960  
起码要分三科，哪三科呢  
  
346  
00:13:10,220 --> 00:13:11,620  
就就是单独分出来的啊  
  
347  
00:13:11,660 --> 00:13:13,660  
我指的在大方脉之外的  
  
348  
00:13:13,660 --> 00:13:15,300  
我们就是平时内内商之外的  
  
349  
00:13:15,500 --> 00:13:19,180  
起码要分三科，最起码最起码第一种伤  
  
350  
00:13:19,180 --> 00:13:21,300  
可为啥商科要分  
  
351  
00:13:21,340 --> 00:13:23,100  
那原因很简单，病机不同  
  
352  
00:13:24,020 --> 00:13:25,100  
扎一刀放血  
  
353  
00:13:25,780 --> 00:13:27,140  
那你说你给他辩辩证吧  
  
354  
00:13:28,400 --> 00:13:29,480  
这叫心阳虚啊  
  
355  
00:13:30,360 --> 00:13:31,440  
还叫肝气郁滞啊  
  
356  
00:13:32,360 --> 00:13:32,680  
对吧  
  
357  
00:13:32,880 --> 00:13:33,640  
青红两伤  
  
358  
00:13:33,760 --> 00:13:38,190  
它有它自己的特有的生理病理以及外伤的原因啊  
  
359  
00:13:38,190 --> 00:13:40,310  
所以外伤伤科是要分出来的  
  
360  
00:13:40,550 --> 00:13:41,710  
那么当然你要细分  
  
361  
00:13:41,910 --> 00:13:46,490  
这里头可能还分成黑伤轻伤红伤，洋科对吧  
  
362  
00:13:46,810 --> 00:13:48,530  
这里分分分的很多啊  
  
363  
00:13:49,660 --> 00:13:52,420  
那么那个那个外科里头分好多  
  
364  
00:13:53,500 --> 00:13:54,700  
这统称外科是吧  
  
365  
00:13:55,460 --> 00:13:58,150  
那么还有妇科是不是也得分啊  
  
366  
00:13:58,750 --> 00:13:59,790  
那为啥妇科分啊  
  
367  
00:14:00,310 --> 00:14:01,430  
经带胎产啊  
  
368  
00:14:02,190 --> 00:14:08,090  
那你说你男子你你你要不服你也来月经试试  
  
369  
00:14:08,650 --> 00:14:09,530  
你能来的了吗  
  
370  
00:14:09,530 --> 00:14:10,250  
你来不了了  
  
371  
00:14:10,740 --> 00:14:12,260  
哎，你也生一小孩试试看  
  
372  
00:14:12,740 --> 00:14:13,940  
咱咱弄不了这个  
  
373  
00:14:14,380 --> 00:14:17,100  
那么就是生理周期有所不同啊  
  
374  
00:14:17,180 --> 00:14:17,700  
女子呢  
  
375  
00:14:17,700 --> 00:14:22,270  
那你以月为周期，一个月月之盈虚对吧  
  
376  
00:14:22,550 --> 00:14:27,150  
那么一年12月其实古代的历法是分成阳历和阴历的  
  
377  
00:14:27,800 --> 00:14:30,960  
你到云南彝族，他有那个太阳历  
  
378  
00:14:31,440 --> 00:14:33,480  
太阳历其实也是古中华的历法  
  
379  
00:14:33,640 --> 00:14:35,120  
它叫阳历是什么  
  
380  
00:14:35,360 --> 00:14:38,040  
以十天干为立论  
  
381  
00:14:38,280 --> 00:14:44,080  
那么称之为就是以这个太阳和地球这个关系对吧  
  
382  
00:14:45,170 --> 00:14:49,170  
那么地球的公转周期为立法  
  
383  
00:14:50,090 --> 00:14:52,200  
那么叫日历，就是阳历  
  
384  
00:14:52,720 --> 00:14:55,200  
那你以月球绕地球的公转周期  
  
385  
00:14:55,200 --> 00:14:57,310  
那就是月球公转嘛  
  
386  
00:14:57,310 --> 00:14:57,590  
对吧  
  
387  
00:14:58,110 --> 00:15:00,630  
那就叫所谓的12地支的力啊  
  
388  
00:15:00,630 --> 00:15:01,310  
那叫阴历  
  
389  
00:15:01,850 --> 00:15:04,730  
所以女子是以这个月为周期  
  
390  
00:15:04,770 --> 00:15:05,370  
男子呢  
  
391  
00:15:05,410 --> 00:15:06,770  
以日为周期  
  
392  
00:15:07,250 --> 00:15:08,330  
阴阳有别啊  
  
393  
00:15:09,010 --> 00:15:10,170  
那是不一样的  
  
394  
00:15:11,570 --> 00:15:13,650  
儿科不一样，为啥儿科不一样  
  
395  
00:15:13,650 --> 00:15:15,330  
儿科这个我就多说一句  
  
396  
00:15:15,810 --> 00:15:17,290  
我们说小儿叫什么呢  
  
397  
00:15:17,650 --> 00:15:19,830  
叫纯阳之体啊  
  
398  
00:15:20,110 --> 00:15:21,030  
叫纯阳之体  
  
399  
00:15:22,350 --> 00:15:23,190  
为什么这么讲  
  
400  
00:15:26,050 --> 00:15:28,770  
说到这个就有一个问题就要以正视听啊  
  
401  
00:15:28,810 --> 00:15:30,170  
很多人一提到纯阳之体  
  
402  
00:15:30,170 --> 00:15:32,890  
就说那小孩阳气大火旺  
  
403  
00:15:33,760 --> 00:15:34,680  
那就得滋阴  
  
404  
00:15:34,800 --> 00:15:36,560  
得清热，得泻火错了  
  
405  
00:15:37,490 --> 00:15:41,090  
完全理解错了，小孩纯阳之体讲的是什么  
  
406  
00:15:41,690 --> 00:15:42,090  
同学们  
  
407  
00:15:42,090 --> 00:15:44,170  
我问你，只有啥时候是纯阳  
  
408  
00:15:46,760 --> 00:15:48,880  
如果说纯阳，那只有一个时候  
  
409  
00:15:49,240 --> 00:15:53,140  
一年之中，那就是冬至子时一阳生  
  
410  
00:15:53,620 --> 00:15:54,140  
为什么  
  
411  
00:15:54,580 --> 00:15:57,340  
因为那个时候阳气就是一天，一天只有生发  
  
412  
00:15:58,910 --> 00:16:00,070  
只有涨，没有消  
  
413  
00:16:00,190 --> 00:16:00,670  
消长嘛  
  
414  
00:16:00,670 --> 00:16:01,590  
我们讲这个道理吗  
  
415  
00:16:01,830 --> 00:16:02,350  
明白了吧  
  
416  
00:16:02,510 --> 00:16:03,590  
就一天比一天热  
  
417  
00:16:04,570 --> 00:16:08,290  
那你比如说前一段那个我们说重阳节，重阳必亡了吧  
  
418  
00:16:09,560 --> 00:16:11,760  
那到我们讲到秋分的时候  
  
419  
00:16:12,160 --> 00:16:13,200  
九宫八封之中  
  
420  
00:16:13,800 --> 00:16:17,840  
我们讲这个时候叫八公啊  
  
421  
00:16:17,920 --> 00:16:19,000  
九九宫八封啊  
  
422  
00:16:19,160 --> 00:16:21,880  
九宫仓果公什么意思啊  
  
423  
00:16:21,880 --> 00:16:25,400  
这时候你得储藏粮食，得收果子了吧  
  
424  
00:16:25,900 --> 00:16:26,940  
这个风叫什么风  
  
425  
00:16:27,140 --> 00:16:27,940  
叫刚风  
  
426  
00:16:28,300 --> 00:16:30,860  
为什么刚劲之风就是你  
  
427  
00:16:30,860 --> 00:16:31,660  
你别再玩了  
  
428  
00:16:31,860 --> 00:16:32,900  
赶紧回家写作业  
  
429  
00:16:33,950 --> 00:16:35,830  
这时候不会跟你好好说话的，对吧  
  
430  
00:16:36,270 --> 00:16:37,790  
他肯定这时候很刚劲的  
  
431  
00:16:38,070 --> 00:16:42,470  
那么这时候得往往里收到冬天的时候就立冬  
  
432  
00:16:42,550 --> 00:16:43,430  
很快就到了吗  
  
433  
00:16:44,350 --> 00:16:44,990  
这时候呢  
  
434  
00:16:45,350 --> 00:16:46,790  
所谓新落宫  
  
435  
00:16:48,020 --> 00:16:49,980  
什么风来啊，叫折风  
  
436  
00:16:50,100 --> 00:16:52,980  
这时候你再挺着不来就得上手揍了吧  
  
437  
00:16:53,630 --> 00:16:54,510  
就这么个道理  
  
438  
00:16:54,830 --> 00:16:57,150  
那么纯阳之体讲的是什么  
  
439  
00:16:57,550 --> 00:16:59,670  
这时候阳气是一天比一天旺  
  
440  
00:17:01,390 --> 00:17:03,470  
那么只有什么样的人才是纯阳  
  
441  
00:17:04,510 --> 00:17:08,300  
只有不完整的人才是纯阳  
  
442  
00:17:08,780 --> 00:17:12,740  
古人认为小孩不是一个完整的人  
  
443  
00:17:12,980 --> 00:17:14,339  
是什么叫半人  
  
444  
00:17:15,480 --> 00:17:16,440  
那后半句话呢  
  
445  
00:17:17,560 --> 00:17:18,520  
不敢跟你讲啊  
  
446  
00:17:18,760 --> 00:17:20,560  
讲，吓着你扮鬼  
  
447  
00:17:21,520 --> 00:17:22,240  
什么意思  
  
448  
00:17:22,960 --> 00:17:25,400  
小孩阴气重，我们是过去说小孩啊  
  
449  
00:17:25,400 --> 00:17:27,440  
有的时候他常出现一种幻视  
  
450  
00:17:28,119 --> 00:17:33,230  
总能看见一些呃可能大人看不着的视觉上的问题  
  
451  
00:17:33,230 --> 00:17:34,950  
当然这个我们用科学能解释啊  
  
452  
00:17:35,450 --> 00:17:35,650  
呃  
  
453  
00:17:35,970 --> 00:17:39,250  
但是我我我现在讲的是另一个层面的东西啊  
  
454  
00:17:40,030 --> 00:17:43,350  
不讲科学的东西，我们说有科学我也不太懂啊  
  
455  
00:17:43,430 --> 00:17:44,510  
讲讲另一方面  
  
456  
00:17:45,270 --> 00:17:47,150  
主要是因为不懂，懂就讲  
  
457  
00:17:47,700 --> 00:17:50,860  
那么这个小孩为啥有的时候看东西出现幻视  
  
458  
00:17:51,710 --> 00:17:52,790  
那古人解释不了啊  
  
459  
00:17:52,790 --> 00:17:54,710  
古人就只能用唯心的方法解释啊  
  
460  
00:17:54,710 --> 00:17:55,750  
古人小孩扮鬼  
  
461  
00:17:55,990 --> 00:17:57,310  
但是他也反映了一个问题  
  
462  
00:17:57,710 --> 00:17:59,640  
小孩的阴气是比较大  
  
463  
00:17:59,720 --> 00:18:01,160  
它是阳气，是不全的  
  
464  
00:18:01,520 --> 00:18:04,360  
所以只有在这种时候它才叫纯阳  
  
465  
00:18:04,360 --> 00:18:04,840  
为什么  
  
466  
00:18:06,230 --> 00:18:06,750  
你看啊  
  
467  
00:18:07,190 --> 00:18:10,830  
咱们大人有没有那种比如说我，我跟谁见面  
  
468  
00:18:11,410 --> 00:18:13,930  
诶，我我我跟比如说我跟宋老师见面  
  
469  
00:18:13,930 --> 00:18:14,090  
哎  
  
470  
00:18:14,090 --> 00:18:15,850  
我说宋老师，你这周两周没见  
  
471  
00:18:15,850 --> 00:18:16,450  
又长个了  
  
472  
00:18:17,050 --> 00:18:18,170  
那不能这么聊天吧  
  
473  
00:18:18,700 --> 00:18:19,660  
那包括我也是啊  
  
474  
00:18:20,020 --> 00:18:23,500  
那你不能说说张老师这一年没见，你又高了  
  
475  
00:18:24,240 --> 00:18:24,880  
不可能吧  
  
476  
00:18:25,200 --> 00:18:26,800  
那咱小的时候总是年轻的时候  
  
477  
00:18:26,800 --> 00:18:26,920  
哎  
  
478  
00:18:26,920 --> 00:18:28,150  
这衣服，呃  
  
479  
00:18:28,150 --> 00:18:29,950  
现在穿大没事  
  
480  
00:18:30,270 --> 00:18:31,590  
再过两年就不大了  
  
481  
00:18:31,910 --> 00:18:34,190  
现在你买衣服还能那么买吗  
  
482  
00:18:34,880 --> 00:18:36,560  
你说你买一个大一号啊  
  
483  
00:18:36,560 --> 00:18:37,240  
说没事  
  
484  
00:18:37,400 --> 00:18:39,200  
我再等两年，这衣服就能穿了  
  
485  
00:18:39,440 --> 00:18:40,240  
不存在吧  
  
486  
00:18:40,600 --> 00:18:41,640  
小孩就不一样  
  
487  
00:18:41,800 --> 00:18:44,160  
因为只有小孩这种半人状态  
  
488  
00:18:44,440 --> 00:18:46,480  
他才是无时无刻不在生长  
  
489  
00:18:46,760 --> 00:18:48,160  
无时无刻不在生发  
  
490  
00:18:49,090 --> 00:18:50,730  
这个称之为纯阳  
  
491  
00:18:51,010 --> 00:18:52,810  
纯阳就是一直在生长的羊  
  
492  
00:18:53,990 --> 00:18:56,310  
这叫纯阳，而不是阳气已经满了  
  
493  
00:18:56,550 --> 00:18:58,270  
阳气满了坏了  
  
494  
00:18:58,270 --> 00:19:00,030  
你到夏至了，你要什么  
  
495  
00:19:00,520 --> 00:19:01,520  
物极必反了  
  
496  
00:19:02,000 --> 00:19:04,720  
那么因此古人讲，你看古代汉代的时候  
  
497  
00:19:04,720 --> 00:19:06,040  
他给宫殿取名啊  
  
498  
00:19:06,040 --> 00:19:06,640  
他都会起  
  
499  
00:19:07,080 --> 00:19:08,200  
它叫未央宫  
  
500  
00:19:08,720 --> 00:19:11,000  
为什么你永远没到顶点  
  
501  
00:19:12,020 --> 00:19:14,700  
你到清代完了，圆明园满了  
  
502  
00:19:15,900 --> 00:19:17,660  
我们讲满了，是不是就要什么  
  
503  
00:19:19,560 --> 00:19:19,960  
什么东西  
  
504  
00:19:19,960 --> 00:19:23,080  
是不是满了就就就就就就要月满则亏吧  
  
505  
00:19:23,690 --> 00:19:25,090  
谦受益，满招损啊  
  
506  
00:19:25,610 --> 00:19:27,330  
这差距就出来了  
  
507  
00:19:27,330 --> 00:19:29,970  
你就别别说是怎么样啊哈哈  
  
508  
00:19:30,920 --> 00:19:31,840  
差距就出来了  
  
509  
00:19:32,560 --> 00:19:33,800  
那么所以说小孩啊  
  
510  
00:19:33,800 --> 00:19:34,760  
我想这么一个问题  
  
511  
00:19:35,280 --> 00:19:38,640  
小孩在咳嗽的时候常会出现一种问题  
  
512  
00:19:39,200 --> 00:19:40,980  
是兼理政  
  
513  
00:19:41,500 --> 00:19:43,940  
为什么小孩脾胃比较虚弱  
  
514  
00:19:44,420 --> 00:19:48,060  
动不动他在那个一咳嗽的时候里头就堵上了  
  
515  
00:19:48,340 --> 00:19:49,180  
是不是这个道理啊  
  
516  
00:19:49,460 --> 00:19:51,220  
所以我治小孩外感的时候  
  
517  
00:19:51,220 --> 00:19:54,260  
我经常喜欢用一张方后世陈世多功  
  
518  
00:19:54,770 --> 00:19:56,730  
他有这么一张方，叫小儿万全汤  
  
519  
00:19:57,930 --> 00:19:58,730  
很好用啊  
  
520  
00:19:58,730 --> 00:20:00,850  
你可以去了解一下那个呃  
  
521  
00:20:01,450 --> 00:20:04,530  
号称是傅青主先生的大小竹正方论  
  
522  
00:20:04,850 --> 00:20:06,490  
中间收载这么一张方  
  
523  
00:20:06,880 --> 00:20:09,520  
呃，其实是傅青主陈士铎一脉啊  
  
524  
00:20:09,920 --> 00:20:11,800  
这么一脉的，这这这这个方  
  
525  
00:20:12,320 --> 00:20:13,440  
呃小阮全汤  
  
526  
00:20:14,030 --> 00:20:15,830  
但是古人有没有类似的笔法呢  
  
527  
00:20:15,830 --> 00:20:16,310  
也有啊  
  
528  
00:20:16,910 --> 00:20:19,230  
比如咳而脉沉则弃汤  
  
529  
00:20:19,740 --> 00:20:24,140  
用来治小孩儿的各种酒咳，效果非常好  
  
530  
00:20:24,340 --> 00:20:28,140  
因为它里头有能把它里头打开的方法，对不对啊  
  
531  
00:20:28,140 --> 00:20:29,100  
一会我给你讲啊  
  
532  
00:20:29,620 --> 00:20:30,660  
哪个叫新开  
  
533  
00:20:30,700 --> 00:20:31,860  
哪个叫苦降啊  
  
534  
00:20:32,320 --> 00:20:34,840  
这个是怎么去横散  
  
535  
00:20:34,960 --> 00:20:36,760  
怎么去顺着你顺过来  
  
536  
00:20:36,760 --> 00:20:39,160  
非常漂亮的笔法在泽奇汤里头  
  
537  
00:20:40,080 --> 00:20:41,360  
呃，那么与此同时呢  
  
538  
00:20:41,920 --> 00:20:43,720  
择其汤还有一层用意  
  
539  
00:20:43,720 --> 00:20:44,920  
那么煮里呀  
  
540  
00:20:45,440 --> 00:20:46,600  
它往往能煮水  
  
541  
00:20:47,560 --> 00:20:49,520  
因此泽奇汤能够化水眼  
  
542  
00:20:50,200 --> 00:20:52,190  
我同样给你讲三招啊  
  
543  
00:20:52,310 --> 00:20:53,070  
三板斧啊  
  
544  
00:20:53,070 --> 00:20:53,830  
第一板斧  
  
545  
00:20:54,230 --> 00:20:57,030  
小儿的那种，久咳治病第二种呢  
  
546  
00:20:57,310 --> 00:21:00,430  
跟水饮和理症相关的第三种  
  
547  
00:21:00,780 --> 00:21:03,380  
那么理政在当代的临床环境里  
  
548  
00:21:03,420 --> 00:21:05,820  
它往往还是一个疾病的代名词  
  
549  
00:21:05,820 --> 00:21:06,580  
就是癌症  
  
550  
00:21:07,540 --> 00:21:11,020  
因此肺癌可以用，甲状腺癌可以用  
  
551  
00:21:11,580 --> 00:21:12,100  
没错吧  
  
552  
00:21:12,700 --> 00:21:16,510  
你可以这个这个推而广之吗  
  
553  
00:21:16,990 --> 00:21:19,910  
那打比方，乳腺癌脉沉的行不行啊  
  
554  
00:21:20,630 --> 00:21:21,310  
都可以啊  
  
555  
00:21:21,750 --> 00:21:23,150  
从这个角度，你推而广之  
  
556  
00:21:23,150 --> 00:21:23,630  
你去，你去  
  
557  
00:21:23,630 --> 00:21:24,030  
你去  
  
558  
00:21:24,540 --> 00:21:25,340  
这么想一下  
  
559  
00:21:26,900 --> 00:21:28,700  
凡是关乎到主理的  
  
560  
00:21:29,610 --> 00:21:31,970  
能跟水液代谢沾边的  
  
561  
00:21:33,610 --> 00:21:36,130  
关乎聚于胃，关于肺的  
  
562  
00:21:37,770 --> 00:21:41,210  
那乳腺癌我们说乳腺癌是不是胃经足阳明  
  
563  
00:21:41,370 --> 00:21:43,650  
你都可以去从这个角度去立法啊  
  
564  
00:21:44,700 --> 00:21:47,340  
那么说到这，说了半天半啊  
  
565  
00:21:47,340 --> 00:21:48,300  
择其汤则其汤  
  
566  
00:21:48,300 --> 00:21:50,220  
泽其是啥咱得先整明白啊  
  
567  
00:21:50,690 --> 00:21:53,050  
讲了半天泽其汤，不知道泽七是什么  
  
568  
00:21:53,050 --> 00:21:54,250  
这这就搞笑了啊  
  
569  
00:21:55,970 --> 00:21:56,370  
呃  
  
570  
00:21:58,540 --> 00:22:01,780  
泽气很多人认为它是大戟苗  
  
571  
00:22:03,570 --> 00:22:04,530  
错了啊  
  
572  
00:22:04,570 --> 00:22:06,290  
择其是择其大吉，是大吉  
  
573  
00:22:06,330 --> 00:22:07,170  
不是一个啊  
  
574  
00:22:07,650 --> 00:22:08,610  
关于这个问题呢  
  
575  
00:22:08,610 --> 00:22:12,320  
我特意求证了我的智友  
  
576  
00:22:13,000 --> 00:22:17,210  
咱们中医药大学中药的鉴定专家，哎  
  
577  
00:22:17,250 --> 00:22:18,210  
对大家猜对了  
  
578  
00:22:18,210 --> 00:22:20,250  
朱建勋老师啊，呃  
  
579  
00:22:20,490 --> 00:22:22,450  
朱建勋老师，我非常敬佩他  
  
580  
00:22:22,450 --> 00:22:23,050  
为什么呢  
  
581  
00:22:23,970 --> 00:22:24,810  
我们这个时代啊  
  
582  
00:22:24,810 --> 00:22:27,690  
是一个其实是一个大家都很忙的时代  
  
583  
00:22:28,650 --> 00:22:28,850  
呃  
  
584  
00:22:28,850 --> 00:22:30,330  
但总有那么少数人吧  
  
585  
00:22:30,930 --> 00:22:31,970  
是能不太忙  
  
586  
00:22:33,020 --> 00:22:33,780  
能闲下来  
  
587  
00:22:33,780 --> 00:22:35,940  
但这样的人会有很大的代价啊  
  
588  
00:22:35,940 --> 00:22:37,740  
你要想闲下来，代价很大  
  
589  
00:22:38,500 --> 00:22:38,700  
呃  
  
590  
00:22:38,860 --> 00:22:40,340  
但我很喜欢这种感觉  
  
591  
00:22:40,340 --> 00:22:41,900  
我也喜欢跟这样的人在一起  
  
592  
00:22:42,540 --> 00:22:43,540  
能沉淀下来  
  
593  
00:22:43,820 --> 00:22:46,700  
那你最后有东西，你总靠灵光一闪  
  
594  
00:22:47,710 --> 00:22:50,750  
总靠你的激情和发挥是靠不住的  
  
595  
00:22:50,750 --> 00:22:51,310  
不持久  
  
596  
00:22:51,830 --> 00:22:55,340  
人有的时候真得靠什么，能耐得住寂寞  
  
597  
00:22:55,340 --> 00:22:56,340  
能坐下来啊  
  
598  
00:22:56,620 --> 00:22:58,140  
朱元勋老师就是这样的人啊  
  
599  
00:22:58,220 --> 00:23:01,820  
放着很多东西他都都放下来啊  
  
600  
00:23:01,820 --> 00:23:03,140  
然后沉淀自己  
  
601  
00:23:03,520 --> 00:23:03,720  
呃  
  
602  
00:23:03,720 --> 00:23:04,520  
我很佩服他  
  
603  
00:23:05,040 --> 00:23:07,360  
那么我每次为什么讲本草啊  
  
604  
00:23:07,880 --> 00:23:10,120  
每每能有很多东西我敢叫的准  
  
605  
00:23:10,550 --> 00:23:12,990  
那是因为身边有这样的高人啊，我  
  
606  
00:23:13,150 --> 00:23:14,190  
我就经常有问题  
  
607  
00:23:14,390 --> 00:23:15,310  
尤其最近讲金贵  
  
608  
00:23:15,310 --> 00:23:18,610  
有很多时候我就去我看书，看很多东西  
  
609  
00:23:18,610 --> 00:23:19,970  
最后我发现不行了  
  
610  
00:23:20,370 --> 00:23:21,850  
我最后就得到他这儿  
  
611  
00:23:22,010 --> 00:23:22,210  
我说  
  
612  
00:23:22,210 --> 00:23:23,050  
朱老师，你看看吧  
  
613  
00:23:23,050 --> 00:23:25,350  
这事你给评评理，到底怎么回事  
  
614  
00:23:25,350 --> 00:23:25,630  
对吧  
  
615  
00:23:25,950 --> 00:23:27,590  
那么在名医别录之中啊  
  
616  
00:23:28,030 --> 00:23:30,610  
那么记载鸣别路  
  
617  
00:23:30,610 --> 00:23:31,690  
因为这是高山啊  
  
618  
00:23:32,410 --> 00:23:36,330  
那是我认为，那陶弘景先师那绝对是高山啊  
  
619  
00:23:37,290 --> 00:23:38,370  
那么别录就告诉你了  
  
620  
00:23:38,370 --> 00:23:39,970  
说他就是大鸡苗  
  
621  
00:23:40,610 --> 00:23:42,010  
但是到李时珍的时候  
  
622  
00:23:42,010 --> 00:23:43,290  
李时珍把他正过来了  
  
623  
00:23:43,930 --> 00:23:44,290  
对吧  
  
624  
00:23:44,610 --> 00:23:46,210  
说这也是前者是有误  
  
625  
00:23:46,530 --> 00:23:48,210  
那最后我只能求证它呀  
  
626  
00:23:48,490 --> 00:23:49,770  
从药用植物学的角度  
  
627  
00:23:49,770 --> 00:23:51,690  
那植物学最后是没有秘密的，对吧  
  
628  
00:23:52,810 --> 00:23:53,010  
哎  
  
629  
00:23:53,090 --> 00:23:56,370  
我们说就像你，你猜测症状  
  
630  
00:23:56,570 --> 00:24:00,080  
你无论什么样的高手猜测你都还是没看着  
  
631  
00:24:00,760 --> 00:24:02,440  
但是你做了核磁之后  
  
632  
00:24:03,290 --> 00:24:04,370  
啥东西都很清楚了  
  
633  
00:24:04,370 --> 00:24:04,890  
是不是  
  
634  
00:24:05,010 --> 00:24:07,170  
所以该求证现代科学的  
  
635  
00:24:07,170 --> 00:24:09,410  
我认为你不要固步自封啊  
  
636  
00:24:09,730 --> 00:24:11,550  
那么我们中医也是，呃  
  
637  
00:24:11,830 --> 00:24:14,750  
该去拍片，该去做活检你就去做  
  
638  
00:24:15,270 --> 00:24:18,230  
但是做完之后你不要瞧不起我们中医  
  
639  
00:24:18,900 --> 00:24:20,460  
西医检查中医治疗呗  
  
640  
00:24:21,380 --> 00:24:21,700  
对吧  
  
641  
00:24:22,140 --> 00:24:23,180  
那你能治咋的呀  
  
642  
00:24:23,180 --> 00:24:24,020  
你能治你治呗  
  
643  
00:24:24,340 --> 00:24:26,500  
那你要治不了我治，就这么简单  
  
644  
00:24:27,030 --> 00:24:28,550  
那药用植物学也是一样  
  
645  
00:24:28,950 --> 00:24:29,830  
你靠感性  
  
646  
00:24:29,910 --> 00:24:31,150  
靠记载，靠猜测  
  
647  
00:24:32,470 --> 00:24:36,150  
你最终能跑过哪个科哪个属哪个纲吗  
  
648  
00:24:37,230 --> 00:24:38,070  
是这个道理吧  
  
649  
00:24:38,310 --> 00:24:39,790  
那最后你跑不出植物啊  
  
650  
00:24:39,830 --> 00:24:41,430  
你本草你不也是植物吗  
  
651  
00:24:41,990 --> 00:24:46,890  
所以从这个角度，那朱老师最后斩钉截铁地告诉我就是俩东西  
  
652  
00:24:47,650 --> 00:24:49,570  
但是人家说的非常简单啊  
  
653  
00:24:50,290 --> 00:24:53,490  
说为啥古人能把它整整错也是有原因的  
  
654  
00:24:53,810 --> 00:24:59,880  
因为大戟苗跟这个跟这个泽七他俩都是一个科的  
  
655  
00:24:59,880 --> 00:25:00,640  
都是大几科  
  
656  
00:25:01,320 --> 00:25:02,600  
我这么说你可能不明白  
  
657  
00:25:02,840 --> 00:25:04,120  
我再说你就明白了  
  
658  
00:25:04,560 --> 00:25:07,850  
就好像咱们哥兄弟，呃  
  
659  
00:25:08,370 --> 00:25:12,400  
这一家人孩子岁数都差不多啊  
  
660  
00:25:12,840 --> 00:25:13,680  
白大班对吧  
  
661  
00:25:13,680 --> 00:25:15,480  
都上你上幼儿园，我也上幼儿园  
  
662  
00:25:16,200 --> 00:25:17,360  
你瞅着长得差不多  
  
663  
00:25:17,360 --> 00:25:21,360  
有的时候你你分不出来谁谁谁是谁家孩子，对吧  
  
664  
00:25:22,530 --> 00:25:26,170  
但是过10年之后有点变化  
  
665  
00:25:26,570 --> 00:25:28,650  
过20年那就不一样了  
  
666  
00:25:30,120 --> 00:25:34,560  
你们家可能是干这个农业的  
  
667  
00:25:34,560 --> 00:25:35,600  
咱打个比方啊  
  
668  
00:25:36,580 --> 00:25:37,620  
过了20年诶  
  
669  
00:25:37,620 --> 00:25:39,060  
你家小孩也去搞农科  
  
670  
00:25:39,300 --> 00:25:41,340  
成为这一方面的杰出人才  
  
671  
00:25:42,180 --> 00:25:43,700  
他家医学世家  
  
672  
00:25:45,180 --> 00:25:45,900  
过30年  
  
673  
00:25:45,900 --> 00:25:46,740  
咱打一比方  
  
674  
00:25:47,360 --> 00:25:51,400  
可能他家在医学上后代有所建树就非常简单  
  
675  
00:25:51,640 --> 00:25:54,200  
过二三十年之后不一样了是吧  
  
676  
00:25:55,620 --> 00:25:58,860  
小的时候大戟苗跟泽奇是长得像  
  
677  
00:25:59,540 --> 00:26:01,540  
就像表兄弟家的孩子，对不对  
  
678  
00:26:02,290 --> 00:26:03,330  
就像表兄弟一样  
  
679  
00:26:04,010 --> 00:26:07,330  
长成了之后分道扬镳，不是一个东西啊  
  
680  
00:26:07,330 --> 00:26:08,050  
不是一个东西  
  
681  
00:26:08,530 --> 00:26:09,850  
那么泽熙这个职务呢  
  
682  
00:26:10,970 --> 00:26:11,970  
形同大戟之苗  
  
683  
00:26:12,730 --> 00:26:12,930  
呃  
  
684  
00:26:13,770 --> 00:26:16,170  
它有一个非常有意思的事啊  
  
685  
00:26:16,810 --> 00:26:21,130  
择其它的功用，能使肺金生出的肾水  
  
686  
00:26:21,130 --> 00:26:21,810  
你就记住这个事  
  
687  
00:26:21,810 --> 00:26:22,050  
儿啊  
  
688  
00:26:22,050 --> 00:26:22,850  
你就理解了  
  
689  
00:26:22,850 --> 00:26:25,930  
则气汤能够归于肾  
  
690  
00:26:26,450 --> 00:26:27,410  
我们讲这么一个道理  
  
691  
00:26:27,410 --> 00:26:28,090  
还是那句话  
  
692  
00:26:28,450 --> 00:26:29,130  
饮入于胃  
  
693  
00:26:29,130 --> 00:26:30,410  
由于精气上输于脾  
  
694  
00:26:30,410 --> 00:26:31,130  
脾气散精  
  
695  
00:26:31,170 --> 00:26:33,250  
上归于肺之后，肺要干什么  
  
696  
00:26:33,840 --> 00:26:37,560  
通调水道要怎么样下输膀胱，他要干这个事  
  
697  
00:26:37,560 --> 00:26:37,880  
儿啊  
  
698  
00:26:38,280 --> 00:26:39,600  
这是泽奇要干的事  
  
699  
00:26:40,050 --> 00:26:41,810  
泽七，你说它去水也好  
  
700  
00:26:41,810 --> 00:26:42,690  
还是干什么也罢  
  
701  
00:26:43,090 --> 00:26:45,250  
那么其实它的去水啊  
  
702  
00:26:45,250 --> 00:26:47,130  
你要说它是非常霸道的  
  
703  
00:26:47,490 --> 00:26:49,600  
有毒性的，去去水  
  
704  
00:26:49,600 --> 00:26:51,040  
我认为你冤枉泽奇了  
  
705  
00:26:51,680 --> 00:26:55,800  
在我临床上，我学生们知道我泽奇起手用多少多大剂量  
  
706  
00:26:57,380 --> 00:26:57,980  
多大剂量  
  
707  
00:26:57,980 --> 00:26:58,300  
同学们  
  
708  
00:26:58,300 --> 00:27:00,260  
你们天天在门诊上看我们  
  
709  
00:27:00,260 --> 00:27:01,380  
我泽七用多大剂量  
  
710  
00:27:03,640 --> 00:27:04,000  
对吧  
  
711  
00:27:04,440 --> 00:27:05,520  
那么48课  
  
712  
00:27:05,640 --> 00:27:10,120  
基本上其实我是为了配配调配一个数数啊  
  
713  
00:27:10,590 --> 00:27:13,030  
其实48跟50区别不大啊  
  
714  
00:27:13,510 --> 00:27:17,340  
咱们说泽西起手你用50克是很安全的，没问题啊  
  
715  
00:27:17,340 --> 00:27:19,820  
我在门诊上常年用，常年用  
  
716  
00:27:20,260 --> 00:27:22,100  
呃，很多时候我说一些药  
  
717  
00:27:22,980 --> 00:27:27,220  
那天我跟一个也是一个呃朋友啊，交流呃  
  
718  
00:27:27,740 --> 00:27:28,580  
我说那个  
  
719  
00:27:29,780 --> 00:27:31,220  
比如那个大挤干碎  
  
720  
00:27:31,540 --> 00:27:32,780  
我在门诊上常年用  
  
721  
00:27:33,580 --> 00:27:36,610  
然后给这朋友造一愣，啊  
  
722  
00:27:36,610 --> 00:27:39,450  
说那这个东西时间长有毒性蓄积啊  
  
723  
00:27:40,760 --> 00:27:42,040  
我当时反驳他一句  
  
724  
00:27:42,480 --> 00:27:45,000  
我说我门诊上啥叫常年用  
  
725  
00:27:45,760 --> 00:27:47,880  
天天不吃饭先吃它  
  
726  
00:27:48,830 --> 00:27:50,190  
连着吃一吃吃一年  
  
727  
00:27:50,910 --> 00:27:53,390  
除了特殊节假日和特殊情况  
  
728  
00:27:53,830 --> 00:27:56,020  
停几天，一年又一年  
  
729  
00:27:56,020 --> 00:28:00,580  
这么用没有任何一个患者出现了所谓的蓄积毒性  
  
730  
00:28:01,090 --> 00:28:01,610  
是这样吗  
  
731  
00:28:01,610 --> 00:28:02,410  
同学们，我没瞎  
  
732  
00:28:02,410 --> 00:28:03,170  
我没瞎说吧  
  
733  
00:28:03,490 --> 00:28:05,490  
那为什么这叫用药  
  
734  
00:28:06,370 --> 00:28:07,330  
明白啥意思吗  
  
735  
00:28:08,720 --> 00:28:10,600  
你会用它你才能这么用  
  
736  
00:28:11,080 --> 00:28:11,880  
你不会用呢  
  
737  
00:28:12,640 --> 00:28:14,120  
你不会用冒慢往上怼  
  
738  
00:28:15,090 --> 00:28:16,490  
你不用这么一年又一年  
  
739  
00:28:16,490 --> 00:28:18,770  
你用一个月就给怼医院去了  
  
740  
00:28:18,970 --> 00:28:19,730  
明白啥意思了  
  
741  
00:28:19,730 --> 00:28:19,890  
吧  
  
742  
00:28:20,290 --> 00:28:22,370  
你别以为我这么长年用它就很简单  
  
743  
00:28:22,370 --> 00:28:22,930  
他没有毒  
  
744  
00:28:23,170 --> 00:28:23,770  
他真有  
  
745  
00:28:24,480 --> 00:28:28,850  
他真有那个生父子他也有毒是吧  
  
746  
00:28:28,890 --> 00:28:30,050  
你不要说这个啊  
  
747  
00:28:30,890 --> 00:28:34,870  
都一样，你会用的时候这叫用药  
  
748  
00:28:34,870 --> 00:28:36,110  
就是一年又一年啊  
  
749  
00:28:36,510 --> 00:28:37,990  
常年用，呃  
  
750  
00:28:39,960 --> 00:28:41,760  
但是泽七也是这个道理  
  
751  
00:28:41,760 --> 00:28:43,040  
你得你得按他的  
  
752  
00:28:43,640 --> 00:28:45,360  
你得尊重它的生长属性  
  
753  
00:28:45,960 --> 00:28:46,880  
我讲啥叫会用  
  
754  
00:28:46,880 --> 00:28:47,720  
你得尊重他  
  
755  
00:28:49,060 --> 00:28:50,660  
这样用一年又一年，没事  
  
756  
00:28:51,060 --> 00:28:53,900  
你不能按你的想法拍脑门啊  
  
757  
00:28:53,980 --> 00:28:56,180  
泽奇汤治西医的哪种疾病  
  
758  
00:28:57,070 --> 00:28:58,470  
看别人用你也用好了  
  
759  
00:28:59,070 --> 00:29:01,590  
咣当上去肝衰竭了  
  
760  
00:29:02,670 --> 00:29:03,350  
是这道理吧  
  
761  
00:29:03,790 --> 00:29:05,270  
你得尊重它的属性  
  
762  
00:29:07,200 --> 00:29:07,400  
呃  
  
763  
00:29:07,440 --> 00:29:09,600  
那么它的核心就是啥  
  
764  
00:29:09,600 --> 00:29:11,080  
属性，脉沉  
  
765  
00:29:11,440 --> 00:29:13,040  
与此同时，你发现一个问题  
  
766  
00:29:13,440 --> 00:29:15,520  
他的整个的生理生化特点  
  
767  
00:29:16,040 --> 00:29:19,970  
肺金生水已经不能费金生肾水了吧  
  
768  
00:29:21,090 --> 00:29:23,050  
已经不能够通调水道  
  
769  
00:29:23,450 --> 00:29:24,970  
水已经不能下输膀胱  
  
770  
00:29:25,910 --> 00:29:28,510  
无论是膀膀胱还是肾表里之别啊  
  
771  
00:29:28,790 --> 00:29:30,270  
都是主北方之水  
  
772  
00:29:30,830 --> 00:29:32,550  
无非是一个阳水，一个阴水  
  
773  
00:29:32,550 --> 00:29:33,150  
一个壬水  
  
774  
00:29:33,150 --> 00:29:35,440  
一个癸水啊，壬癸之水  
  
775  
00:29:35,840 --> 00:29:38,880  
那么不能够废气通调水道回回到膀胱  
  
776  
00:29:39,280 --> 00:29:41,200  
那么就是泽气堂要干的所有事  
  
777  
00:29:41,730 --> 00:29:43,450  
那么在干这些事之中呢  
  
778  
00:29:43,450 --> 00:29:44,650  
我要解决一些问题  
  
779  
00:29:44,650 --> 00:29:45,370  
比如说啊  
  
780  
00:29:45,530 --> 00:29:51,290  
我们讲什么原因会造成肺经不能下降  
  
781  
00:29:51,330 --> 00:29:52,930  
水气于旁肾呢  
  
782  
00:29:53,880 --> 00:29:55,800  
那么必有一个直观的原因  
  
783  
00:29:56,080 --> 00:29:57,560  
中间得有东西堵上吧  
  
784  
00:29:59,010 --> 00:30:00,450  
是不是非常简单一个道理是吧  
  
785  
00:30:00,650 --> 00:30:02,890  
那从肺到肾是一个纵向的运动  
  
786  
00:30:02,890 --> 00:30:06,370  
是不是那么必然有一个横向的运动堵它啊  
  
787  
00:30:06,620 --> 00:30:07,900  
这个就是按武术啊  
  
788  
00:30:07,940 --> 00:30:12,380  
按过去我们这个内家拳的说法，叫以直破横  
  
789  
00:30:12,380 --> 00:30:12,940  
以横破直  
  
790  
00:30:12,940 --> 00:30:14,820  
非常简单的物理的道理啊  
  
791  
00:30:15,200 --> 00:30:17,960  
那么横就能破值，没错吧  
  
792  
00:30:18,420 --> 00:30:19,740  
那你怎么办呢  
  
793  
00:30:19,740 --> 00:30:21,020  
你就把它打开就完了嘛  
  
794  
00:30:21,820 --> 00:30:22,620  
那怎么打开呀  
  
795  
00:30:22,980 --> 00:30:24,740  
用一个非常简单的办法和解嘛  
  
796  
00:30:25,580 --> 00:30:26,260  
少阳之法  
  
797  
00:30:26,900 --> 00:30:29,740  
我们说上焦得通，津液得下胃气  
  
798  
00:30:29,740 --> 00:30:31,660  
因和小柴胡是汤  
  
799  
00:30:32,670 --> 00:30:34,830  
但是这里头要调整一下啊  
  
800  
00:30:34,830 --> 00:30:35,870  
不用小柴胡原方  
  
801  
00:30:36,310 --> 00:30:37,470  
我们说小柴胡汤  
  
802  
00:30:38,200 --> 00:30:39,720  
柴胡这个呢  
  
803  
00:30:39,840 --> 00:30:43,950  
主这个什么主东方甲乙木木气生发  
  
804  
00:30:44,350 --> 00:30:45,790  
在这儿跟它就违和了  
  
805  
00:30:46,310 --> 00:30:47,310  
把它给去砍掉  
  
806  
00:30:47,630 --> 00:30:48,430  
不用柴火  
  
807  
00:30:49,710 --> 00:30:50,950  
第二还要砍掉一味药  
  
808  
00:30:51,510 --> 00:30:53,990  
小柴胡汤出现胁下痞硬的时候  
  
809  
00:30:54,270 --> 00:30:58,690  
要去大枣加段牡蛎多少四两还记得吧  
  
810  
00:30:58,930 --> 00:30:59,570  
有原文吗  
  
811  
00:31:00,090 --> 00:31:03,870  
那么这个时候说明有种满之症啊  
  
812  
00:31:03,870 --> 00:31:07,000  
有真假积聚之症，就要把枣去掉  
  
813  
00:31:07,000 --> 00:31:07,280  
为什么  
  
814  
00:31:07,280 --> 00:31:11,800  
因为枣本身它能它长得像，就是一个圆的  
  
815  
00:31:12,080 --> 00:31:15,160  
实的就是一个赌的像，就得把它拿掉吧  
  
816  
00:31:15,560 --> 00:31:19,600  
那么去掉枣之后再去掉生发的这个柴胡  
  
817  
00:31:20,120 --> 00:31:21,670  
我之前讲呃  
  
818  
00:31:22,150 --> 00:31:23,510  
讲那个伤寒的时候  
  
819  
00:31:23,510 --> 00:31:26,240  
给大家非常详细的举过一个例子  
  
820  
00:31:26,240 --> 00:31:28,080  
叫胡风不度吧  
  
821  
00:31:28,080 --> 00:31:29,200  
春风不度玉门关  
  
822  
00:31:29,600 --> 00:31:34,200  
当时讲过那个什么叫那个天不足西北  
  
823  
00:31:34,200 --> 00:31:35,240  
地不足东南吧  
  
824  
00:31:35,570 --> 00:31:37,850  
这个你们回去翻翻我之前讲的伤寒  
  
825  
00:31:37,850 --> 00:31:40,110  
你就知道为什么要加柴胡  
  
826  
00:31:40,310 --> 00:31:42,350  
那么你也就明白为什么要去柴胡啊  
  
827  
00:31:42,350 --> 00:31:43,390  
在这不赘述了啊  
  
828  
00:31:43,590 --> 00:31:45,430  
因为这个一讲又半堂课又没了  
  
829  
00:31:45,950 --> 00:31:48,520  
那么去掉柴胡  
  
830  
00:31:49,280 --> 00:31:52,120  
去掉大枣，剩下的是哪几味药啊  
  
831  
00:31:52,720 --> 00:31:53,200  
黄芹  
  
832  
00:31:54,570 --> 00:31:56,010  
甘草，人参  
  
833  
00:31:57,170 --> 00:31:58,450  
生姜，还有谁啊  
  
834  
00:31:59,070 --> 00:31:59,630  
半夏呀  
  
835  
00:32:00,190 --> 00:32:00,590  
是吧  
  
836  
00:32:01,050 --> 00:32:02,050  
这几味药在里头  
  
837  
00:32:02,210 --> 00:32:04,930  
那所以说你跟我学这个，你还用背方歌吗  
  
838  
00:32:04,930 --> 00:32:06,010  
其实你不用啊  
  
839  
00:32:06,370 --> 00:32:07,810  
你知道小柴胡汤里头有啥  
  
840  
00:32:07,810 --> 00:32:09,290  
你就知道泽西汤里头有啥  
  
841  
00:32:09,720 --> 00:32:12,960  
但是光这五味药不行，还要加谁呢  
  
842  
00:32:13,200 --> 00:32:17,680  
泽七使在上之水能够下降吧  
  
843  
00:32:18,280 --> 00:32:22,010  
那么怕它不能够这个水啊  
  
844  
00:32:22,450 --> 00:32:26,250  
不能够归于旁渗之大海  
  
845  
00:32:27,750 --> 00:32:29,110  
仲景先师干了一件事  
  
846  
00:32:29,110 --> 00:32:30,670  
你看泽其汤它里头干什么  
  
847  
00:32:31,510 --> 00:32:34,270  
泽七三金怎么办  
  
848  
00:32:35,510 --> 00:32:37,670  
为什么三金三金代表东方  
  
849  
00:32:39,440 --> 00:32:41,440  
三金天三生木地八成之吧  
  
850  
00:32:41,800 --> 00:32:42,800  
三金代表东方  
  
851  
00:32:43,160 --> 00:32:44,720  
那么东方之水怎么办呢  
  
852  
00:32:45,870 --> 00:32:49,870  
东流水五斗煮取一斗5L  
  
853  
00:32:50,150 --> 00:32:51,470  
为啥用东流水啊  
  
854  
00:32:53,170 --> 00:32:54,610  
百川东到海  
  
855  
00:32:57,280 --> 00:32:57,640  
是吧  
  
856  
00:32:58,040 --> 00:32:59,320  
何时复西归呀  
  
857  
00:32:59,920 --> 00:33:00,680  
那么水啊  
  
858  
00:33:01,280 --> 00:33:02,160  
中华之水啊  
  
859  
00:33:02,160 --> 00:33:03,240  
我们说中华之地形  
  
860  
00:33:03,240 --> 00:33:04,520  
我们说为中央之国  
  
861  
00:33:04,910 --> 00:33:07,030  
它完全取向于人体制构造  
  
862  
00:33:07,740 --> 00:33:09,900  
西北高东南低，对吧  
  
863  
00:33:09,900 --> 00:33:11,260  
这是中国的一个基本构造  
  
864  
00:33:11,580 --> 00:33:13,940  
所以我们说中为中央之国，就是这个原因啊  
  
865  
00:33:13,940 --> 00:33:16,540  
并不是说我们是地球的中像  
  
866  
00:33:16,900 --> 00:33:21,260  
我们有宇宙里，地球上有好多地方都号称自己是地球的中心  
  
867  
00:33:21,700 --> 00:33:22,850  
但是，呃  
  
868  
00:33:22,850 --> 00:33:23,810  
各有各的解释  
  
869  
00:33:24,290 --> 00:33:25,170  
我们的解释呢  
  
870  
00:33:25,170 --> 00:33:27,450  
就是从它完全是仿仿生的啊  
  
871  
00:33:27,530 --> 00:33:29,480  
这个解释去去理解它  
  
872  
00:33:29,880 --> 00:33:32,160  
三条大脉，如人之冲  
  
873  
00:33:32,160 --> 00:33:33,080  
人多，对吧  
  
874  
00:33:33,400 --> 00:33:33,960  
有长江  
  
875  
00:33:33,960 --> 00:33:34,520  
有黄河  
  
876  
00:33:35,340 --> 00:33:36,820  
还有一条沙江，你自己看啊  
  
877  
00:33:37,140 --> 00:33:40,090  
三座山脉就如同人的先天  
  
878  
00:33:40,450 --> 00:33:42,570  
就是说中华的这个地方啊  
  
879  
00:33:42,570 --> 00:33:46,570  
我们老祖宗给我们选的这个地界，非常适合人居啊  
  
880  
00:33:46,850 --> 00:33:47,970  
完全是仿生的啊  
  
881  
00:33:48,290 --> 00:33:53,040  
甚至是像，就像是天工造物一样造出来的这么一个地方  
  
882  
00:33:53,040 --> 00:33:54,440  
跟人体是完全符合的  
  
883  
00:33:54,920 --> 00:33:55,800  
呃，然后呢  
  
884  
00:33:56,920 --> 00:33:57,200  
水  
  
885  
00:33:57,360 --> 00:33:59,160  
那既然你西北高东南低  
  
886  
00:33:59,160 --> 00:34:00,240  
水是向东流吧  
  
887  
00:34:00,760 --> 00:34:01,520  
向东流之后  
  
888  
00:34:01,840 --> 00:34:07,370  
就如同那么是西北为前金之位为肺  
  
889  
00:34:08,050 --> 00:34:11,110  
肺生水往哪流，往海里流啊  
  
890  
00:34:11,310 --> 00:34:12,150  
是不是这道理啊  
  
891  
00:34:12,590 --> 00:34:12,790  
哎  
  
892  
00:34:13,110 --> 00:34:16,429  
那么水东流到海就如同什么呀  
  
893  
00:34:17,139 --> 00:34:19,659  
百川朝海，水归于肾  
  
894  
00:34:20,139 --> 00:34:20,820  
是不是这个道理  
  
895  
00:34:21,179 --> 00:34:22,580  
所以这也是泽奇干的事  
  
896  
00:34:22,820 --> 00:34:24,780  
但是你光让他干这个事呢  
  
897  
00:34:25,830 --> 00:34:26,590  
还不行啊  
  
898  
00:34:26,590 --> 00:34:27,790  
还不行啊  
  
899  
00:34:27,909 --> 00:34:28,830  
差点意思啊  
  
900  
00:34:28,830 --> 00:34:32,949  
差点意思，里头还得给他扫一扫这个道路  
  
901  
00:34:33,389 --> 00:34:35,310  
比如说容易形成气逆  
  
902  
00:34:35,350 --> 00:34:39,320  
是不是那么说咳嗽不就是气逆之症吗  
  
903  
00:34:39,840 --> 00:34:43,560  
首先气逆的时候有一个非常重要需要把它搞定的因素  
  
904  
00:34:44,199 --> 00:34:47,870  
一个不稳定因素，当然就是一个平时是一个生理因素  
  
905  
00:34:47,870 --> 00:34:49,989  
但在这变成一个病理因素就是冲脉  
  
906  
00:34:51,070 --> 00:34:53,270  
冲脉之气必然是向上上逆吧  
  
907  
00:34:53,630 --> 00:34:55,870  
那你所以就得平冲，平冲用谁评啊  
  
908  
00:34:57,530 --> 00:34:59,370  
桂枝，咱们都说过好多回吧  
  
909  
00:34:59,690 --> 00:35:02,660  
从伤寒论理的时候我给大家讲过，发汗过多  
  
910  
00:35:02,660 --> 00:35:04,300  
其叉手自自贸自冒  
  
911  
00:35:04,300 --> 00:35:05,380  
心心下悸，欲得按者  
  
912  
00:35:05,700 --> 00:35:08,220  
桂枝甘草汤主治对不对啊到这个  
  
913  
00:35:09,120 --> 00:35:13,560  
这个茯苓桂枝甘草大枣汤第原文第65条  
  
914  
00:35:14,610 --> 00:35:15,130  
没错吧  
  
915  
00:35:15,690 --> 00:35:19,810  
哎到这个118条火逆下至阴烧针烦躁者  
  
916  
00:35:20,800 --> 00:35:21,680  
桂枝甘草，哎  
  
917  
00:35:21,920 --> 00:35:22,360  
很好啊  
  
918  
00:35:22,360 --> 00:35:25,850  
龙骨牡蛎汤，包括117条桂枝加桂汤吧  
  
919  
00:35:26,090 --> 00:35:26,770  
都是这么讲的  
  
920  
00:35:26,770 --> 00:35:27,250  
是不是  
  
921  
00:35:27,410 --> 00:35:30,150  
那么就是它整个冲脉贯穿了，伤寒论  
  
922  
00:35:30,470 --> 00:35:31,590  
也贯穿了金匮要略  
  
923  
00:35:31,590 --> 00:35:36,470  
在这儿一定要平冲用桂枝平冲去帮助泽七干什么  
  
924  
00:35:37,150 --> 00:35:39,230  
下降还没完  
  
925  
00:35:40,720 --> 00:35:41,480  
气的层面  
  
926  
00:35:42,080 --> 00:35:46,170  
血的层面各有一味药，两员大将啊  
  
927  
00:35:46,330 --> 00:35:48,570  
一共有四味药是帮助他速降的啊  
  
928  
00:35:49,290 --> 00:35:51,010  
泽七桂枝还有谁啊  
  
929  
00:35:51,530 --> 00:35:53,700  
白钱，紫苑啊  
  
930  
00:35:53,860 --> 00:35:54,140  
啊不  
  
931  
00:35:54,140 --> 00:35:55,540  
不是紫苑说错了口误，口误  
  
932  
00:35:55,540 --> 00:35:57,180  
口误错了子申  
  
933  
00:35:58,510 --> 00:36:01,750  
那么分别讲一下啊，白钱是干什么  
  
934  
00:36:01,750 --> 00:36:02,950  
白浅，色白吧  
  
935  
00:36:04,050 --> 00:36:04,690  
故曰白浅  
  
936  
00:36:04,730 --> 00:36:09,730  
很多人把他跟那个跟那个白薇一起搭着用  
  
937  
00:36:09,770 --> 00:36:11,650  
这个在六朝古方里头多见啊  
  
938  
00:36:11,650 --> 00:36:13,770  
白前白薇经常一起用  
  
939  
00:36:14,440 --> 00:36:15,600  
但是二者有区别  
  
940  
00:36:16,480 --> 00:36:17,760  
白薇，我们上次讲过  
  
941  
00:36:17,760 --> 00:36:19,080  
他的体是特别柔的  
  
942  
00:36:19,400 --> 00:36:22,360  
所以他能和这种狂躁之阳气对吧  
  
943  
00:36:23,260 --> 00:36:25,980  
呃，那么柔有柔用柔就能合阳  
  
944  
00:36:26,580 --> 00:36:27,220  
非常简单  
  
945  
00:36:27,340 --> 00:36:28,460  
再暴躁的汉子  
  
946  
00:36:29,060 --> 00:36:34,950  
你见到非常我们讲吴侬软语的这个这个女子啊  
  
947  
00:36:35,790 --> 00:36:38,870  
她也会显示出比较怀柔的这一面  
  
948  
00:36:38,870 --> 00:36:39,710  
是不是这个道理啊  
  
949  
00:36:40,150 --> 00:36:40,350  
哎  
  
950  
00:36:40,830 --> 00:36:45,320  
那么呃，至刚至猛的这个蒙古族的汉子  
  
951  
00:36:46,240 --> 00:36:51,930  
他也需要马头琴这种最为柔美的音乐的疗伤是吧  
  
952  
00:36:51,930 --> 00:36:52,970  
我们讲这个道理啊  
  
953  
00:36:53,170 --> 00:36:54,810  
阴和阳是要配的啊  
  
954  
00:36:54,970 --> 00:36:55,930  
是要相配的  
  
955  
00:36:56,250 --> 00:36:59,590  
那么白钱就是这种反之的特点  
  
956  
00:36:59,670 --> 00:37:00,670  
白钱这个东西呢  
  
957  
00:37:01,150 --> 00:37:05,350  
气味辛甘，我们讲心肝则能化阳吧  
  
958  
00:37:06,110 --> 00:37:07,630  
气味辛甘，发散为阳  
  
959  
00:37:07,830 --> 00:37:10,980  
所以则能行阳，分它的这个生长呢  
  
960  
00:37:11,340 --> 00:37:12,180  
直而且长  
  
961  
00:37:12,940 --> 00:37:13,780  
为啥直而长  
  
962  
00:37:13,780 --> 00:37:16,320  
因为它特别干脆刚脆的东西  
  
963  
00:37:16,320 --> 00:37:17,960  
我们这跟柔的东西就不一样  
  
964  
00:37:18,280 --> 00:37:19,080  
柔的东西呢  
  
965  
00:37:19,080 --> 00:37:21,040  
它有它的优点，就是柔不容易折  
  
966  
00:37:21,640 --> 00:37:22,720  
但是它也容易弯  
  
967  
00:37:23,670 --> 00:37:26,910  
钢的东西，我们说优点是它不容易弯  
  
968  
00:37:27,430 --> 00:37:28,150  
但是容易折  
  
969  
00:37:28,630 --> 00:37:30,190  
因此白钱不可久用  
  
970  
00:37:30,870 --> 00:37:31,670  
记住这个问题  
  
971  
00:37:31,710 --> 00:37:32,230  
第二呢  
  
972  
00:37:32,590 --> 00:37:34,270  
白钱由于它直而且长  
  
973  
00:37:34,710 --> 00:37:36,030  
所以他善于怎么样啊  
  
974  
00:37:36,790 --> 00:37:39,750  
直肠曲下，引气于哪呢  
  
975  
00:37:40,350 --> 00:37:40,790  
下缘  
  
976  
00:37:41,310 --> 00:37:41,830  
那么这个  
  
977  
00:37:41,830 --> 00:37:46,830  
是不是就是符合了我们肺气归于肾的这个特点啊  
  
978  
00:37:47,630 --> 00:37:47,830  
哎  
  
979  
00:37:48,270 --> 00:37:50,390  
使肺气下降归于肾的特点啊  
  
980  
00:37:50,710 --> 00:37:52,550  
金生水，水归于肾  
  
981  
00:37:54,370 --> 00:37:57,410  
呃，那么这是把气氛的层面把它解决了  
  
982  
00:37:57,730 --> 00:38:00,370  
血愤的层面还有一味药就是这个子参  
  
983  
00:38:00,950 --> 00:38:02,350  
呃，子申是啥呢  
  
984  
00:38:02,350 --> 00:38:04,030  
这个有很多人在猜测  
  
985  
00:38:04,030 --> 00:38:05,630  
有人认为是紫苑  
  
986  
00:38:05,790 --> 00:38:07,550  
这个我否定，我认为不是  
  
987  
00:38:08,210 --> 00:38:09,610  
呃，子参就是子参  
  
988  
00:38:10,130 --> 00:38:11,770  
子参也叫小丹参  
  
989  
00:38:12,980 --> 00:38:14,140  
学名石剑川  
  
990  
00:38:16,380 --> 00:38:17,140  
子参啊  
  
991  
00:38:18,200 --> 00:38:19,880  
石剑川就是什么东西  
  
992  
00:38:19,880 --> 00:38:22,840  
是紫参的全草，也叫小丹参  
  
993  
00:38:23,280 --> 00:38:29,690  
古人在在明清两代的本草中也称之为五凤草  
  
994  
00:38:29,850 --> 00:38:31,050  
我记得好像是这个名字  
  
995  
00:38:31,050 --> 00:38:31,890  
你回去可以翻翻  
  
996  
00:38:32,330 --> 00:38:33,850  
那么讲叫石剑川，代表什么  
  
997  
00:38:33,930 --> 00:38:36,020  
石头指的是坚硬的东西吧  
  
998  
00:38:36,540 --> 00:38:39,380  
石头都能穿过去，那么有散结之用  
  
999  
00:38:40,470 --> 00:38:41,270  
比如肺癌  
  
1000  
00:38:41,270 --> 00:38:41,830  
甲状腺癌  
  
1001  
00:38:42,150 --> 00:38:43,030  
乳腺癌，对吧  
  
1002  
00:38:43,310 --> 00:38:47,190  
我们讲这种那个那个上焦的有有有节，这种像  
  
1003  
00:38:48,370 --> 00:38:50,730  
那么你都可以去用啊，呃  
  
1004  
00:38:53,260 --> 00:38:56,500  
能能穿过去另外一则他的那个为啥叫小单身  
  
1005  
00:38:56,500 --> 00:38:57,940  
你看一下那草就知道了  
  
1006  
00:38:58,260 --> 00:38:59,260  
他那个梗啊  
  
1007  
00:38:59,490 --> 00:39:01,090  
都是紫色的，特别好看啊  
  
1008  
00:39:01,130 --> 00:39:03,570  
通紫通紫的，那么紫则能入血  
  
1009  
00:39:03,650 --> 00:39:04,490  
能入营分吧  
  
1010  
00:39:05,170 --> 00:39:08,120  
那么入荧粪就能趋于取迎血之余  
  
1011  
00:39:08,560 --> 00:39:13,840  
所以白钱心肝行行尾分子申  
  
1012  
00:39:14,000 --> 00:39:14,800  
也就是石剑川  
  
1013  
00:39:15,480 --> 00:39:18,000  
那么色子入营分营纬之欲  
  
1014  
00:39:18,440 --> 00:39:20,400  
二者一营一尾都把它通开  
  
1015  
00:39:20,840 --> 00:39:24,260  
再配上桂枝，平冲则七  
  
1016  
00:39:24,860 --> 00:39:26,860  
使废水归于肾  
  
1017  
00:39:27,500 --> 00:39:30,900  
那么这四味药象征地四生金  
  
1018  
00:39:31,620 --> 00:39:38,940  
再配上和解恒逆之气的五位柴胡的变法  
  
1019  
00:39:39,700 --> 00:39:43,620  
那么4+5=9，代表地四生金  
  
1020  
00:39:44,240 --> 00:39:47,560  
天九成之，那么可以就使什么呢  
  
1021  
00:39:47,840 --> 00:39:50,880  
第四生津，使在肺之水归于肾  
  
1022  
00:39:52,820 --> 00:39:53,580  
下输膀胱  
  
1023  
00:39:54,810 --> 00:39:56,450  
而天九成之  
  
1024  
00:39:57,210 --> 00:40:00,970  
则能使水精四布五经并行  
  
1025  
00:40:01,990 --> 00:40:04,310  
水不但要下降，还要上升  
  
1026  
00:40:04,710 --> 00:40:05,550  
画了一个圆  
  
1027  
00:40:05,910 --> 00:40:10,820  
这个就叫圆运动的古中医学好  
  
1028  
00:40:11,860 --> 00:40:15,220  
我们今天的课就先到这儿下课